

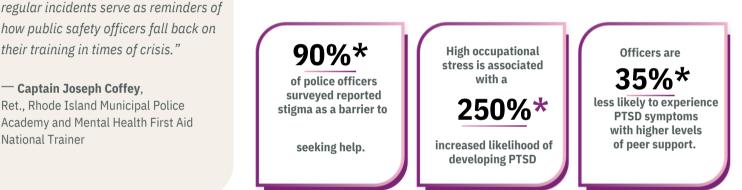
MENTAL HEALTH FIRST AID FOR PUBLIC SAFETY

Mental Health FIRST AID

from NATIONAL COUNCIL FOR MENTAL WELLBEING

WHY MENTAL HEALTH FIRST AID?

Mental Health First Aid (MHFA) for Public Safety teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. This evidence-based training promotes open dialogue, reduces stigma and encourages officers to seek support when needed. Offering MHFA for Public Safety can help create a healthier, more resilient and productive department.



*the original research for the displayed statistic is linked

REGISTER TODAY!

National Trainer

Delivery Format:

The class will be delivered in person.

Public safety officers, regardless of

confronted with a mental health

crisis. My Mental Health First Aid

training helped me save a life, and

their training in times of crisis."

Ret., Rhode Island Municipal Police

Academy and Mental Health First Aid

- Captain Joseph Coffey,

rank or position, may find themselves

Date and Time:

April 21st, from 10:30 AM to 5:30 PM

Location:

PD Academy Room, 435 Ryman St.

Where to Register:

https://forms.office.com/g/Y7LLRNNAJn

Mental Health First Aid Registration Form



The course will teach you how to apply the MHFA Action Plan (ALGEE):

- Assess for risk of suicide or harm.
- Listen nonjudgmentally.
- Give reassurance and information.
- Encourage appropriate professional help.
- Encourage self-help and other support strategies.